



School Training Solutions®
Staff Development Training



Defensive Driving Curriculum

Satisfy your district's defensive driving requirement with affordable online courses from School Training Solutions. STS offers a defensive driving curriculum that is intended for any driver operating a school owned vehicle (van, suburban, car).

You can select the 6 hours of training you want your staff to take from these courses:

- **Driving**
- **On the Road**
- **Road Awareness**
- **Safety**
- **Sharing the Road**
- **Traffic Lanes**
- **Turning**
- **The Threat of Road Rage**

Defensive Driving Curriculum

Traffic Lanes (1 Hour)

The proper use of traffic lanes is a crucial aspect of safe driving. All drivers should be familiar with lane markings and the correct way to travel within and among traffic lanes. This lesson discusses common maneuvers associated with traffic lanes.

Turning (2 Hours)

Turning a corner seems simple; however, a large number of traffic accidents are caused by drivers who turn incorrectly. This lesson discusses the correct way to make various turns, procedures for turning when approaching bike lanes at intersections, and the use of hand and directional signals. Drivers must make themselves aware of proper parking techniques to avoid receiving citations and to reduce the possibility of having a parking accident. This lesson also discusses proper parking techniques, including parking on hills, no parking areas, and disabled parking.

The Threat of Road Rage (1 Hour)

This lesson defines the term road rage. It discusses the causes and effects of road rage and offers techniques to avoid feelings of road rage. It also provides steps to take if victimized by road rage.

Sharing the Road (2 Hours)

Some of the most deadly accidents on the road involve two-wheeled vehicles, buses, and trucks. According to the National Highway Transportation Safety Administration, 4,008 accidents involving motorcycles resulted in death in 2004. The statistics for that year, from the U.S. Department of Transportation Analysis and Information Online, show that 4,902 accidents involving trucks resulted in death. Bus accidents also proved to be particularly dangerous that year, with 279 buses involved in accidents resulting in death. Keeping these statistics in mind, it becomes apparent that drivers must learn to share the road with cars, trucks, buses, and large vehicles. This lesson also discusses motorists' duty to pedestrians and both motorists' and pedestrians' duty to school buses and emergency vehicles.

Road Awareness (2 Hours)

This lesson discusses safe driving speeds, law enforcement stops, and fire stops. It also discusses conditions where drivers must be extremely cautious of their surroundings, including night driving, road obstructions, weather conditions, and reduced visibility.

Safety (2 Hours)

This lesson discusses basic preventive maintenance procedures that will help motor vehicle operators in deciding whether a vehicle is safe to drive and how to perform simple maintenance steps to keep a vehicle operating safely. This lesson also discusses the proper use of safety belts and child restraining devices required by law. In addition, driving emergencies and the proper way to handle them are also discussed.

Driving (2 Hours)

This lesson discusses the effects of impaired driving. Included are details concerning consequences for driving while under the influence of illegal substances and alcohol or drug related impairments that can limit your driving abilities and cause life-long injury or death. This lesson also discusses general defensive driving techniques and details types of distractions and how to avoid rear-end collisions. In addition, the lesson discusses the proper way to enter and exit an expressway (or highway or interstate) and safety tips for expressway driving.

On the Road (2 Hours)

This lesson discusses traffic control devices and their meaning. These devices, including signage, markings, and lights, help to control traffic speed, direction of travel, and provide warnings of potentially hazardous situations or conditions. This lesson also discusses types of intersections and traffic rules that apply to vehicles approaching or stopping at an intersection. It details proper intersection crossing, right-of-way in intersections, and types of intersections.